The Salve Regina (Hail Holy Queen)

Hail Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sghs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V: Pray for us, O Holy Mother of God

R: That we may be made worthy of the promises of Christ.

Finally, recite the final prayer below and end by making the sign of the cross with the crucifix, the same way you did when you began the Rosary.

Let Us Pray:

O God, by the life, death and resurrection of Your only begotten Son, You purchased for us the rewards of eternal life; grant, we beseech You that while meditation on these Mysteries of the Holy Rosary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.

V: May the divine assistance remain always with us.

R: And may the souls of the faithfully departed, through the mercy of God, rest in peace. Amen.

THE MYSTERIES OF THE ROSARY

The Joyful Mysteries

(Sundays from Advent to Lent)

- I) The Annunciation—for the love of humility
- 2) The Visitation—for charity toward my neighbor
- 3) The Nativity—for the spirit of poverty
- 4) The Presentation—for the vitue of obedience
- 5) The Finding in the Temple—for the virtue of piety

The Glorious Mysteries

Sundays from Easter to Advent Wednesdays

- 1) The Resurrection—for the virtue of faith
- 2) The Ascension—for the virtue of hope
- 3) The Descent of the Holy Spirit—for love of God
- 4) The Assumption of the Blessed Virgin Mary—for devotion to Mary
- 5) The Crowning of the Blessed Virgin Mary—for eternal happiness

The Sorrowful Mysteries

Fridays and throughout Lent

- I) The Agony in the Garden—for true contrition
- 2) The Scourging at the Pillar—for the virtue of purity
- 3) The Crowning with Thorns—for moral courage
- 4) The Carrying of the Cross—for the virtue of patience
- 5) The Crucifixion—for final perseverance



The Chapel of St. Therese of Lisieux An Inclusive Catholic Faith Community

THE JIMMY DAIGNEAULT III
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How to Pray The Rosary

Prayer Before the Rosary

Queen of the Holy Rosary, you have deigned to come to Fatima to reveal to the three shepherd children the treasurers of grace hidden in the Rosary. Inspire my heart with a sincere love of this devotion, in order that by meditating on the Mysteries of our Redemption which are recalled in it, I may be enriched with its fruits and obtain peace for the world, the conversion of sinners, and the favor which I ask of you in this Rosary. (Here mention your special intention.) I ask it for the greater glory of God, for your own honor, and for the good of souls, especially for my own. Amen.

Make the sign of the cross With the crucifix, And then recite The Apostle's Creed:

The Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; and on the third day He arose again from the dead; He ascended into Heaven, sitting at the right hand of God, the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

On the bead immediately above the crucifix, pray the Our Father.

The Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Pray the Hail Mary on each bead in the cluster of three immediately following. The first bead is for faith, the second for hope, and the third for love/charity.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen.

After those three Hail Marys, move your fingers to the chain between the third bead of the cluster, and the first bead that begins the first decade of the Rosary (there are five decades). Here recite The Doxology and then the Decade Prayer.

The Doxology

Glory be to the Father, the Son, and the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

The Decade Prayer

O my Jesus, have mercy on us, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Or

The Decade Prayer

(Prayer for Priests)

God, our Father, please send us holy priests, all for the sacred and Eucharistic heart of Jesus, all for the sorrowful and immaculate heart of Mary, in union with Saint Joseph. Amen.

On the first bead of the first decade of the Rosary, say the first Mystery for the Mysteries you will be meditating on while reciting the Rosary, and then recite the Our Father.

Recite the Hail Mary on each of the following ten beads of the decade. When you have finished the decade, recite The Doxology and The Decade Prayer.

Begin each of the following decades of the Rosary by announcing the appropriate Mystery, followed by the Out Father, the ten Hail Mary's, The Doxology, and The Decade Prayer.

When you have finished all five decades of the Rosary, recite The Salve Regina (Hail Holy Queen) on the Rosary joined (the piece holding the Rosary together).



The Chapel of St. Therese of Lisieux Marian Memorial Prayer Garden.